

Issue 18 : August 2016

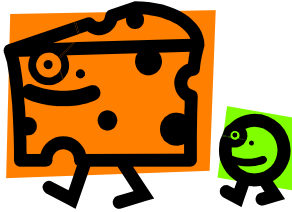
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*.... and don't forget to go to [www.avpcs.org.uk](http://www.avpcs.org.uk) for more news*

## Welcome from Brian



I trust all our members have managed a summer break of one kind or another. We enjoyed a very successful group BBQ last month, and you can see a report in this newsletter. We are now looking ahead and planning events for the rest of this year, and don't forget, if you have any ideas for group events please let us know. I would make a plea for a couple of new members to join our small committee as we do need to think about succession planning – the support group doesn't run itself! Oh, and don't forget to think about sponsoring Jeremy Buckman on his historic church ride for charity.

## Masonic Donation



*We mentioned in our last newsletter the donation of £1750 from the Hampden Lodge of the local Freemasons. The picture shows Myles Higgin of Hampden making the presentation to Brian, as well as presenting a similar cheque to Lorraine Tierney and Fionnuala Prosser representing Aylesbury Vale Parkinsons UK charity.*

## Summer BBQ Report

We had a lovely summer BBQ at Thame football club in July, and this year the weather was kind to us. Forty four members and partners enjoyed the food put on by the club, and this year we had music from **Jack Maggot's Band**, a superb Ceilidh band run by David Rogers. Along with a fun quiz for a bottle of champagne, we had outdoor games - something for everyone. See the pictures below.





### **Federation News**

*The National Federation held its AGM in London in June, attended by representatives of some 27 local support groups. The theme was "Trouble Down Below" and we had some interesting presentations on screening and testing, the latest thinking around PSA testing, and an insight into some new treatment options from a leading clinician. If you want to read more about the event please go to [www.tackleprostate.org/conferences.php#conference2016](http://www.tackleprostate.org/conferences.php#conference2016)*

**tackle**  
prostate cancer

*Two of our group, Roger Wotton and David Barrow also attended a Health and Wellbeing workshop at the Nottingham Trent University in May, and will give a report on this event at the September group meeting.*

### **Jeremy off to Church**



Jeremy Buckman has supported the 'Churches bike ride' each year for the past 20 years, in aid of The Historic Churches Trust. The trust exists to give grants for the repair of the fabric of our heritage of church buildings in this country. It's ecumenical, so not just C of E churches!

**On 3rd September** Jeremy will be setting off at 10am to visit as many churches as he can before the ride finishes at 6pm. He normally manages to clock in at 30 to 40 churches in a

distance of as many miles. He is asking if any of our members would be kind enough to sponsor his efforts. In the past three years he has personally undertaken the design of some major improvements to St Mary's church at Puttenham and hopes to approach the Historic Churches trust for a grant so it'll be helpful if we can help him put in a good showing this year and raise some money for the trust. If you would like to sponsor Jeremy, please do so at his JustGiving account at [www.justgiving.com/fundraising/Jeremy-Buckman](http://www.justgiving.com/fundraising/Jeremy-Buckman)

### **National Cancer Registration**

*Did you know that if you have been diagnosed with cancer, the medical staff looking after your health will pass information about you to the National Cancer Registration Service? This will include your name, address, age, gender and date of birth, as well as information about the type of cancer you have and your treatment. The Registration Service has the government's permission to collect this information, which is used confidentially to keep track of how many people are getting which types of cancer and to evaluate and improve services.*



**Macmillan Cancer Support** and **Cancer Research UK** are reviewing how cancer patients in England could be better informed about the use of their data in cancer registration. In order to do this, they first need to know more about what people living with cancer think about the cancer registry – how aware they are about it at the moment, what they would like to know, and when and how they think it would be best for them to receive this information. So they have developed this survey: [www.surveymonkey.co.uk/r/cancer-registration](http://www.surveymonkey.co.uk/r/cancer-registration) and would like to get the views of as many

cancer patients as possible. Support groups across the country have been asked to help. The charities invite you to complete the survey so that the voices of cancer patients can be heard.

### Next Meeting



Our next lunchtime meeting will be at the normal venue, Thame Football Club, **on Monday 12<sup>th</sup> September from 12 noon.** We do hope you can make the meeting. Roger will give feedback on the Midlands workshop he and David Barrow attended. Brian will be raising the issue of a donation to the National Federation (Tackle). Please let Roger know by email or leave a message on 01442 822161 if you plan to join us.

### Future events



*Make a note in your diary now of remaining dates in 2016 .....*

Mon 12 Sep Lunch meeting Thame Football Club

Tue 4 Oct Evening speaker at Stoke Mandeville. We have booked Rachel Holland, a local Macmillan Clinical Psychologist to share with us aspects of the impact of diagnosis

Wed 2 Nov Quiz at the Chandos Arms, Western Turville (note change from 1<sup>st</sup> Nov)

Mon 5 Dec Lunch meeting Thame Football Club

*Brian*

*Roger*

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