



# CHILTERN PROSTATE CANCER SUPPORT GROUP

Patron Sir Michael Parkinson CBE

## NEWSLETTER

### Winter 2018-9

#### Welcome to your new Officers

The annual Christmas Social and Annual General Meeting were held at High Wycombe Cricket Club on 13 December 2018. It was a very successful event, over 40 members attended, and it was an excellent prelude to the Christmas season. As customary a raffle was held, some wonderful prizes had been donated, and the proceeds added to the charity's funds.

At the AGM Chairman Tony Weeden confirmed his decision to stand down having completed his year in office as he had stepped into the vacancy last year. At the same time Secretary Keith Gordon, who had proved to be a real stalwart of the charity by carrying a large load over several years, is planning to move to Scotland. We are grateful to them both for their work in holding CPCSG together.

Vice Chairman Barry Sarl was elected Chairman and confirmed his wish to see the promotion of awareness at the top of the agenda and has already been examining ways in which to achieve this objective.

Treasurer Alan Rowe, who has held this office since the charity was established in 2005 (although he had originally said he would take it on purely on a temporary basis!!) was re-elected. He presented his financial report which showed that even though we had made a couple of significant donations, the charity's finances remain sound.

In his absence overseas Andrew Scott-Priestley was elected as Secretary but had emphasised that his other commitments did

not allow him to undertake the full range of work done by his predecessor. Consequently he will arrange committee agendas, keep meeting minutes, continue to write the Newsletter, and act as the first point of contact for new and prospective members.

Doreen Sarl has kindly volunteered to maintain and update the CPCSG database to ensure its security and protection.

The important role of Vice Chairman remains vacant but the Officers will work hard to find a replacement as soon as possible.

#### Important Presentation

On 17 January, after the committee meeting, several members of the committee were able to make a formal presentation of equipment to the urology team at Buckinghamshire Healthcare NHS Trust. CPCSG has been the key donor of a urinary flow meter and a portable bladder scanner which will be used in the care and management of men with prostate cancer.



Pictured above from left to right: Pamela Ging, Prostate Nurse Specialist; Barry Sarl, CPCSG Chairman; Tony Weeden, Past Chairman; George Allison Committee, Mr Jonathan Greenland, Consultant and Trust lead for urology; Rose Southby, Uro-Oncology Macmillan Nurse and Team Leader.

We are very grateful to our donors who have enabled us to provide this key support to our local urology team.

### **Plans for 2019**

The committee has already been busy in preparing for the year ahead – primarily on awareness events and secondly on social events. The committee meets 5-6 times a year and usually before a planned social event.

### **Awareness Events**

*Marlow Town Regatta* – 15/16 June – organiser Barry Sarl ([barry.sarl@gmail.com](mailto:barry.sarl@gmail.com))

*Chalfont St Giles Show* – 7 September – organiser Andrew Scott-Priestley ([andrew@scott-priestley.co.uk](mailto:andrew@scott-priestley.co.uk))

*Amersham Heritage Day* – 8 September – organiser George Allison ([g.allison@yahoo.co.uk](mailto:g.allison@yahoo.co.uk))

*Henley Show* – 14 September – organiser Tony Weeden ([tony.weeden@woodsidehouse.co.uk](mailto:tony.weeden@woodsidehouse.co.uk))

We need you to come forward and volunteer to help at these awareness events – your participation could save a life. Please contact any organiser to offer your services NOW.

### **Social Events**

Our social events will continue to be held at High Wycombe Cricket Club as it is a popular venue. Put these dates in your diary now.

Thursday 25 April 2019 – 7.00 pm  
Quiz Night – bring your friends and challenge your brain for a fun evening. A formal announcement and ticket application form will be published shortly.

Friday 30 August 2019 – 7.00 for 7.30  
Summer BBQ – our regular and popular event where barbecue food and tasty desserts are provided. Formal advertising and ticket applications will be published early in the summer.

Friday 6 December 2019 – 7.00 for 7.30  
Delicious Christmas Buffet, excellent raffle prizes, and preceded by a brief Annual General Meeting.

### **NHS Long Term Plan by NHS England**

Prostate Cancer UK comments on the impact on prostate cancer patients of this recently published plan. See the useful comments on the Charity's website [www.prostatecanceruk.org](http://www.prostatecanceruk.org). These are found under the About Us tab and in the News and Views section dated 8 January 2019.

### **BHT Urology Team**

At the recent committee meeting Rose Southby updated us on some key developments in urology. Mr Jonathan Greenland has been appointed SDU Lead for Urology. Mr Stephen Mitchell, Consultant Urologist, will be joining the team in the forthcoming period.

Mr Rob Gray, Consultant Urologist, is conducting trials of perineal biopsy for certain specific cases of possible prostate cancer.

### **Patient Experience Group (PEG)**

Barry Sarl and Andrew Scott-Priestley are members of the PEG which meets 6 times per year. The PEG's objectives include:

- \* to provide patient scrutiny on the delivery of the patient experience strategy
- \* to scrutinise patient improvement plans
- \* to assess progress by taking part in peer review groups, PLACE assessments etc
- \* to provide input and feedback on Trust policies and strategies that impact on patient experience.

Barry and Andrew would be pleased to receive comments, positive or negative, which they can report to the PEG

**Aylesbury Vale Prostate Cancer Support Group** – [www.avpcs.org.uk](http://www.avpcs.org.uk) Bruce Cameron is a Trustee and he is also a member of the CPCSG committee.

**Oxfordshire Prostate Cancer Support Group** – [www.opcsg.org](http://www.opcsg.org) Rose Southby, our Clinical Nurse Specialist and team leader was instrumental in establishing this group during her time at Oxford.

**Tackle Prostate Cancer** – [www.tackleprostate.org](http://www.tackleprostate.org)  
The National Federation of Prostate Cancer Support Groups has lots of current information about its activities and about the condition itself.

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*If you would like more information, or you no longer wish to receive this newsletter, please contact the CPCSG Secretary, Andrew Scott-Priestley, 18 Cherry Acre, Gerrards Cross, SL9 0SX.*  
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